



NIYAN MEDICAL

Weight Loss

Personalized medical weight management



Our medical weight loss program is designed to deliver sustainable, long-term results by addressing every aspect of weight management. Under the supervision of a board-certified physician, we create personalized treatment plans that may include advanced GLP-1 medications, peptide therapies, and other prescription options to help reduce appetite, control cravings, support healthy blood sugar regulation, and optimize metabolism for effective weight loss.

Beyond medication, our program focuses on developing healthy lifestyle habits through nutrition guidance, physical activity recommendations, and accountability support. We also incorporate mindset strategies that help transform your relationship with food, empowering you to make confident, healthier choices that fit your lifestyle.

CARE DESIGNED AROUND YOU